



The Daily

Morning Edition

ADVERTISEMENT

BUSINESS

[Exec Moves] CALTON **Named to AHHA Board**

Dr. Jayson Calton, founder and CEO of Sarasota based Calton Nutrition, the Calton Institute of Lifestyle Medicine, has been named to the board of directors for the American Holistic Health Association, a national association committed to education the public about conventional and alternative wellness resources. Calton and wife Mira Calton co-wrote *Naked Calories*, a book on AMERICA'S micronutrient deficiency crisis due out in January from Changing Lives Press. SHARE: [f](#) [in](#) [t](#)

[CALTON NUTRITION](#)